



Tel: (852) 22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)



St. Teresa's Hospital  
聖德肋撒醫院

## Barium Enema

- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- \* Lok Fu: 5 mins by taxi
- \* Mongkok: by red line minibus, get off at Lomond Road
- \* Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- \* Mongkok East: about 5 minutes by taxi
- \* Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154

### References:

[www.21.ha.org.hk/smartpatient](http://www.21.ha.org.hk/smartpatient)

Effective since: 1 March 2022

PFE-EPI-4-E011

## Examination Information

### 程序簡介

# Barium Enema



## Radiology Department

1/F, Main Block,

St. Teresa's Hospital

Phone : (852) 2200 3112

Working Hours: 09:00-17:00 (Monday to Saturday)  
09:00-13:00 (Saturday)

## Introduction

A barium enema is an X-ray study used to detect changes or abnormalities in the colon.

## Preparation

The diagnostic accuracy of the examination depends to a large extent on the thoroughness of the bowel preparation.

## Preparation

1. Maintain a low residual diet (i.e. one restricted to bread, potatoes, rice and other starchy foods, but no vegetables or fruits) for at least 48 hours prior to examination.
2. Fluid diet (e.g. honey, pure soup, tea, water, pure fruit juice, pure jelly, etc.) 24 hours before examination.
3. A suitable laxative prescribed by doctor in-charge shall be given on the evening before examination (e.g. 2 tablets of Dulcolax).
4. Nil by mouth 8 hours before examination.
5. For diabetic patient on drug - consult clinician concerned for the adjustment of insulin dosage if necessary.
6. Please inform our staff before the examination if you are or think you may be pregnant.

## Care & Advice

- Eat or drink as usual after the examination.
- Stool will appear white in color for a few days.
- Suggest increase fluid intake if not contraindicated.

## Risk and Complication

Complications may occur only in patients with critical bowel lesions and the incidence is very low, including

- ※ Perforation of bowel
- ※ Venous intravasation of contrast

\*Should you have any queries, please contact us or your doctor-in-charge.

327 Prince Edward Road  
St. Teresa's Hospital

Phone: (852)-22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)